

PANOPTICONS ULTRA - Written Instructions

L=Left R=Right FB=Footbridge SP=Signpost N=North S=South E=East W=West

From **COLOURFIELDS**, head L, take the first R. At the end turn L, turn R at the large path. Head down the park on the large path, around a pond to the gate exit.

Exit the park, turn L onto Road. Continue on road until major junction with Barbara Castle Way. Continue straight on, at the junction by the large sculpture, take the L fork onto the No Entry street. Follow the road to the L by the Municipal building (King George's Hall). Follow the road past ramps on the R, follow the road on through the No Entry signs to skirt around the grass, trees on your R.

Continue round, head straight on by the side of the large cream building on your R. Continue past the shops to emerge at Blackburn Market, turn L, take the road towards Morrisons entrance. Continue uphill past the car park entrance to Morrisons, past the first mini roundabout, veering L at the second mini roundabout. Continue for 150m, turn R onto Eanam Old Road. Head to the top of the road, the steps by the car park onto the canal bank.

Turn R onto canal towpath. Continue for 1.3km until you see Asda Supermarket on your R. Turn R off the towpath, continue for 500m, turn onto road back on yourself. Continue over road bridge to mini roundabout, veer L.

Continue uphill for 2.7km past two roundabouts, past Starbucks, past a third roundabout. At The Willows pub on the R, keep to the L by the houses. Continue over the main road by King Edward VII, take the FB over the motorway.

Continue on path to become road, to the junction. Turn L then immediate R. Continue straight on until road veers to the L at the top of the road, take the fork to the R by Tower View. At the end of the track. Bear R, follow the grass track round to the L, continue down towards the stile on the fence

line near the power line pole, tree. Over stile, take the trod downhill to the L towards the FB. Over FB, follow the trod to the R uphill. At the top of the hill, follow the fence line to the R towards the tree stile.

Over the stile, continue to follow the fence line to the R. Follow the fence line down, hop over the stream, follow the trod straight up to the top of the hill.

Follow the trod SE, head L to the old stone gate post, turn R, follow the wall to the stones. Continue to pick up the wall, pass the ruins, continue to the wall on the L, pass through the wall, continue on the trod to the road.

Turn R onto the road, carefully continue to the signposts. Turn L over stile, continue up through the wall intersection, to the brow of the hill. Go over stile, continue to the road.

Continue straight across the road (CARE). Head to the top R corner of the field over the stile (marked West Pennine Way).

Continue to follow the wall on the R hand side, following the undulating trod for 2.5km

Towards the end of the quarries, follow the path to the L of the wall. Head downhill over the FB, follow the trod on the R to the tree, continue on.

At the fence line, follow signposts pointing L to skirt around the fence line. Follow the trod around the outside of the fence line. Continue through the wooden kissing gate, continue straight on for X metres through a metal gate before the farm buildings.

Follow signposts to turn L through a difficult metal gate, continue R past the farm buildings. Keep R, as you pass through the hole in the wall, turn R, head down the steep hill to the finger post. Continue through broken stile, head straight on. Continue through metal kissing gate, head over the

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wooden stile. Veer R, head straight on. Continue downhill through the woods, on through the walled path. At the track, continue L downhill.

Head down the road, underneath the overpass, past the units on the R, L onto the road. Continue up hill, past the road bollards, up the steep hill to the main road. Turn L, continue to the main junction by Black Bull Hotel. Continue straight across the road, onto the cobbled street. At the end junction by the black lampost in the middle of the road, turn R, then next L onto Chapel St. after the houses turn L onto Elm Close by the factory, continue to the end. Turn R, continue to the end. Turn L, continue, take sharp R up street then track. Follow track, veer L into field signposted for Halo. Exit field, turn R, then L to follow the track through the car park, up to **HALO**.

Report to **CP TO CLIP** in the Car Park. Head back down the track, turn L. Continue on good track, veer off L into field trod. Continue slightly uphill to the gate/stile.

Continue through gate at Crimdon End farm. After 750 metres, take the stile on the L in the hole in the wall marked Footpath Rossendale Round. Head R on the path. Continue straight on the bridleway through the metal gate. Bear R to follow the trod. Continue on Bridleway through the gate. At the farm buildings, head through the farmyard, keep to the L on the good trod. Continue through Scar Foot farm on the track straight ahead to your L.

Take the path round to your L, sharp L, continue to follow downhill. Bear R to continue downhill, bear R over the bridge, take your immediate L by the stream.

Continue, follow the road round, take your first R up the street to join the main road. Turn L onto the main road. Continue past the school on your R,

the church on your L. Take the next R down Church Street. At the end of the road continue on the path, bear L to the trees ahead.

Keep L at the bottom of the graveyard, turn R to follow the cobbled path uphill. Continue up the path to the road by the side of the church. Head L on the road, continue on the road. After 0.5km, take the R turning uphill onto the public bridleway through the wooden gate.

As the lane emerges, continue for what feels like forever to the brow of the hill. Continue with the wall on your R hand side.

At the brow of the hill continue over the stile by the large metal gate. Follow the bridleway path. As you pass near the Cross memorial, head straight on through the silver metal gate.

Pass through the wooden gate. As the path reaches the wall, shortly after take the broken stile on the L in the wall, carry on the path. Continue on the path through the trees to emerge at the road.

Cross the road (CARE) to the car park on your R, continue on the path to **SINGING RINGING TREE - SELF CLIP**.

On the return from the tree, take the track to the trod to the R, veer R through the opening. Continue on the trod. By the road at the signpost, continue L adjacent to the road. At the path junction with the track of Burnley Way (see map) continue straight on the small trod into the trees ahead. When the path emerges at the road, turn R to the gate, fingerpost.

Follow the waymarker on the L hand side of the trees.

Continue down the golf course. Follow the footpath sign to the L through the trees. Continue across the fairway to the gate next to the green fencing. As the track veers to the L, continue on the Burnley Way sign over the stile straight on. After emerging from the path on the driveway, turn L to the

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main road. Cross straight over (CARE). Turn L, continue to metal handrail, take the R down the steps. After the steps, keep to the R to turn L on the large path downhill.

After the three wooden steps, turn R to keep on the track. Bear L before the kissing gate. At the bottom of the steps bear R, keep R to join the road.

Turn L, continue down to the junction of the road, turn R. Continue through the railway tunnel. Continue across Main Road (CARE) to enter Townley Golf course. Continue straight on the path by the Bowling Green, continue straight on until you reach Townley Hall. At the Hall, turn L to skirt around the pond, continue down the Long Avenue in front of the hall to the small FB, the next **CP TO CLIP**.

Take the path to the R just before the bridge, two black posts. Turn L over the bridge, follow the trod R up the hill. Continue through kissing gate, straight on pass through one gate. Veer L, pass through the second gate at Cliviger Lathe. Follow the road round to the L. Continue up track to meet the main road, turn R. Keep R, continue on the road.

Turning L on the track on Foxstones Lane. At Forest View sign, turn L, take the track downhill. At the top of the track by the houses, turn R onto the tarmac road. Turn R on the road, then turn R before the telephone box defibrillator over the bridge, bear L on the trod.

Bear L through the wooden gate, continue on the track uphill through the woods. At the metal gate, go through, keep to your L, keeping the reservoir on your L. Continue on track uphill until you reach the fingerpost on the old gate post.

Turn R, continue on the track. At the next fingerpost turn L through the metal gate, over the wooden steps. Continue on track leading round down the wiggly path. Continue through the gates, up the wiggly path.

At the finger post veer R, continue uphill to the brow of the hill. At the fingerpost, turn L before the gate. Pass through the next gate, continue on through 2 wooden gates, track down to the road. Continue across the road (CARE) over the cattle grid, continue up the tarmac road.

Continue for 750m, take the stone path on the R side, continue straight on the Pennine Bridleway (PBW). Continue for 1km, take the R to continue on the PBW. Continue for a further 2.6km where PBW becomes a trod. Continue for 1.3km to foot bridge. Continue over FB for 1km until trod becomes a concrete path. Turn L onto good path downhill, continue for 0.7km to gate by Parson Lee Farm. Take the FB R over the stream, head L uphill (NNW).

Skirt around Fosters Leap Farm, continue NW to reach to **ATOM - SELF CLIP**. Continue past Atom (NW) through gate, turn L downhill. At the bottom, skirt around the ruins, head over the packhorse bridge, turn R onto road. Follow the road to round to the L, pickup the path adjacent to the road.

Continue for 500m, through the car park, on road out of Wycoller. Continue for 1km, turn L. Follow the road around the Recreation Ground, by the Pavilion (Registration). Continue downhill for 500m. At the bottom, turn L to the finish at Trawden Arms Pub.

EMERGENCY NUMBER : 07725 357 024